# HEALTH ADVOCATES For Older People: Product Catalog

The products that will help you continue living comfortably and safely at home.



# **ABOUT THIS CATALOG**

HEALTH ADVOCATES For Older People is a non-profit organization founded in 1985 whose mission is to promote healthy aging. Our programs enrich the lives of older people with the tools, techniques and support they need to age with independence and vitality in the city they love. Our activities include the Healthy Aging Program. It provides senior wellness and socialization activities in the community. A key focus of the Healthy Aging Program is to provide free home safety consultations.

The products listed in this catalog will help you continue living *comfortably* and *safely* at home. This catalogue is divided into five sections: KITCHEN, BATHROOM, MOBILITY, BEDROOM and ASSORTED.

The products in this catalogue are from Amazon (AZ), Bed, Bath & Beyond (BB), Home Depot (HD), and Target (TG). Please note, this is NOT an exhaustive list of all the products that would be beneficial for remaining safe at home. A home safety consultation would provide individually tailored product recommendations.

Prices are not listed for all products as there are various options and price points. Additionally, prices listed are subject to change.

If you have any questions about the products found in this catalog, or any other products, please contact HEALTH ADVOCATES For Older People at (212) 980-1700 or info@hafop.org.

This catalog was updated by Josh Krasner, the Home Safety/Fall Prevention Coordinator at Health Advocates. As an Aging -in-Place Specialist, he has been trained in home modifications to assist those who wish to age-in-place. Josh can be reached at the Health Advocates For Older People office or at josh.krasner@hafop.org

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## **SOLID NYLON SPOON**

The soft, broad handle is comfortable to hold, and won't slip out of your hand. Constructed of sturdy nylon, this tool is heat-resistant up to 400 degrees F, safe for non-stick cookware and dishwasher safe.



\$1.59 (AZ) \$5.00 (BB)

#### **OXO PIZZA WHEEL**

You can rely on the beveled stainless-steel blade of this pizza wheel by OXO to make a complete cut on the first run.



\$12.99 (AM) \$9.99 [BB]

## **EASI-TWIST JAR OPENER**

Make stubborn and stuck jar lids a thing of the past and save time without sacrificing your hands and wrists.



\$3.99 (BB)

# **SWISS MAGIC JAR OPENER**

Thanks to clever Swiss engineering, tough jar lids have met their match. Rotate the knob to open and close the jaws around any 1" to 3 1/2" lid; then simply turn the handle to remove the lid.



\$15.44 (AZ)

## **CAN OPENER**

Big, cushioned handles give you extra strength to pierce a can, and the oversized knob turns easily. The sharp cutting wheel is made of sturdy stainless steel and the soft, comfortable handles absorb pressure. Our Can Opener also features a built-in bottle cap opener.



\$13.99 (FK) \$14.95 [AZ]

# **CAN OPENER, RATCHET**

The unique revolving lever on this Safety Lidlifter removes lids easily and is gentle on wrists and hands.



\$19.99 [AZ]

# **RING PULL CAN OPENER**

No more broken finger nails or bruised knuckles. Now you can open ring pull cans with ease. Just hook the ring into the tool and press down. Non-slip handle is comfortable to grip.



\$6.00 [AZ]

# **HOT WATER DISPENSER**

Heats 16 oz. of water faster than a microwave and auto shut off turns unit off immediately after cycle is completed.



\$31.37 [AZ]

## **POUR THING**

Find it difficult to lift and pour large soda, juice or milk bottles? Pour Thing is a convenient system for dispensing beverages without putting stress on your hands or shoulders. Just place the bottle or jug into the cradle and tilt forward.



\$38.00 [AZ]

## **OXO ANGLED MEASURING CUP**

Stand tall and pour. These ingenious new measuring cup by OXO allow you to read measurements from directly above. Just like that, the days of hunching over are done.



\$6.99 (BB)

## **OXO CHOPPER**

Make easy work of onions, nuts and more with the OXO Good Grips Chopper. Press the soft knob and the blades rotate for even chopping. Chopper includes a spoon for scooping so there's no need to leave your hands smelling like onions or garlic.



\$22.95 [AM]

# **SLAP CHOP**

Slap Chop easily pops open like a butterfly for easy access to clean. You never need to switch blades. Chop up vegetables, nuts, & fruits -- all quickly and easily.

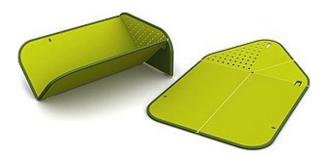
With every slap, the finer the food gets.



\$29.95 (AM) \$19.99 (TG) \$14.99

## **JOSEPH JOSEPH RINSE & CHOP**

Rinse & Chop is a patented hinged chopping board that, when folded, creates a strainer at one end and a chute at the other. Simply fold and lock the board into position to rinse, open and flatten to chop and then fold again to pour food easily.



\$10.99 (AZ) \$14.99 [BB]

## **EZ CRACKER**

The EZ Cracker cracks eggs with one simple motion and separates eggs whites. There's no mess, no fuss, no shells in your food. Just place the egg in the EZ Cracker cradle, squeeze handles together to crack the egg.



\$15.99 [Falk]

# **BAGEL SLICER**

This innovative bagel cutter utilizes a non-slip rubber grip on the bottom and a protective cover on the top to protect your fingers while in use.



\$17.99 (BB) (TG) [AZ]

## **OXO CLICK CLICK TEAKETTLE**

Preparing a cup of tea is easy with the OXO GOOD GRIPS Click Click Kettle.



\$29.99 [AZ]

#### **OXO OVEN MITT**

Protect your hands from heat, spills and burns with non-flammable, stain and steam resistant silicone. The thick, multi-layer fabric liner brings additional thermal insulation, yet lets your hand breathe to prevent sweating.



\$1.88- \$14.70 [AZ]

#### **OXO SILICONE OVEN MITT**

The OXO GOOD GRIPS Silicone Oven Mitt is the best of both worlds: 600°F heat resistant silicone on the outside and cool, comfortable fabric on the inside.



\$9.99 (BB) \$5.99-\$24.95 [AZ]

## **OXO SILICONE POT HOLDER**

The OXO GOOD GRIPS Silicone Pot Holder is the best of both worlds: 600°F heat resistant silicone on the outside and cool, comfortable fabric on the inside.



\$9.99 (AZ) \$7.99 [BB]

# **SILPAT LINER**

For making jelly rolls and much more, this non-stick, reusable surface is a great tool to have in your kitchen.

Measures 11"x17".



\$7.99 (TG) \$14.99 [AZ]

#### TOASTER OVEN SILPAT

A great kitchen accessory, this silpat provides a nonstick baking surface and fits conveniently in the toaster oven.



\$7.99 (TG) \$14.99 [AZ]

## **BAMBOO TOAST TONGS**

Safely removes toast and bagels from the toaster. Will not absorb moisture. Durable and long-lasting. Hand wash in warm soapy water. Eco-friendly material.



\$5.75 (AZ) \$2.99 [BB]

## **OXO FOLDING STEAMER**

Freshly steamed vegetables are a snap with the OXO Good Grips Pop-Up Steamer. A simple press on the handle pops it up for added length, making it easy and safe to insert and remove the Steamer.



\$8.00 (AZ) \$9.99 [BB]

## **PASTA BOAT**

Pasta Boat, the fast and easy way to cook, drain and serve perfect pasta dishes in one microwaveable pot without the hassle.



\$17.95 (AZ)

## **OXO DIGITAL THERMOMETER**

The OXO Good Grips Digital Leave-In Meat
Thermometer is the ideal tool for cooking roasts and
poultry to perfection. Simply insert the probe into the
meat and run the cable outside the oven door to easily
monitor what's cooking.



\$10.99 (HD) \$8.90 (AZ) \$9.99 (TG)

#### **WELLNESS MATS**

Lightweight and durable, this mat always lays flat with a no-trip beveled edge. With no sharp crevices to trap dirt or bacteria, they remain inherently anti-microbial and are stain, puncture and heat resistant. Non-slip surfaces and are easy to clean.



Starting at \$47.99 [AZ]

## **GRIP N GRAB**

Reach what you need without stretching or bending. Ergonomic plastic reacher with a rotating claw and a 3-1/2" jaw opening. Rubber cushion tips and an easy-to-use ergonomic trigger.



\$18.60 (AZ)

## HANDRAIL FOOT STOOL

Incredibly sturdy and super safe when trying to reach the top shelf. This steel foot stool with handrail keeps you balanced when stepping up and down. Non-skid ribbed surface on the generously-sized platform.



\$38.00 [AZ]

## WALL MOUNTED GRAB BAR 12"

Installed on wall inside bathtub. Available in a variety of sizes, styles and finishes.



Starting at \$24.99 (HD) [AZ]

#### **GRAB BARS**

Installed on wall inside bathtub. Available in a variety of sizes, in chrome and white versaguard.



Starting at \$16.99 (AZ) (HD]

## HAND SHOWER SET

Oversized 4" spray face. Features Rubit Cleaning System. 3 Spray modes, full, massage, and intense turbo spray.



Starting at \$30.00 (AZ) Starting at \$59.99 (HD)

# **SHOWER CHAIR**

Anodized aluminum frame is lightweight, durable and rust-resistant. Seat height is adjustable in 1" increments. WITHOUT backrest.



Starting at \$33.00 (TG) (HD)(AZ)

## **SHOWER CHAIR WITH BACK**

Anodized aluminum frame is lightweight, durable and rust-resistant. Seat height is adjustable in 1" increments.



\$38.00 (AZ) \$39.00 (HD)

## **BATH BENCH**

Teak wood. Non-slip feet with aluminum legs.



Starting at \$69.99 [TG](AZ) (BB) (FK) (HD)

## TRANSFER BENCH

All transfer benches are reversible to accommodate any bathroom. One leg sits inside the tub and the other outside to make getting into the tub easier.



Starting at \$68.00 (AZ) (TG) (HD)

# **PORTABLE SHOWER BENCH**

Portable bath bench stores easily for travel. Non-slip handle provides additional safety and stability when getting in and out of the bathtub. Rubber stops protect tub from scratches.



Starting at \$40 [AZ) (HD) (TG)

## **BELLAVITA BATH LIFT**

Battery-operated lift gently lowers you into the bath and lets you select the most comfortable reclining position. Transfer board ensures a stable entry and exit. Seat and backrest help you feel comfortably secure.



Starting at \$350 [AZ]

## **BATH MAT**

Non-slip suction cups. Provides cushioning and adheres to tub securely. Machine washable, anti-bacterial and mildew resistant.



Starting at \$7.99 (HD) (BB) (AZ) [TG]

## **SAFETY TREADS**

Improve traction and safety on all kinds of slippery surfaces. Perfect for bathtubs, showers, and stairs. Easy to install and clean. Reliable grip, year after year.



\$3.75 [AZ]

# **SHOWER CADDY**

Double wire design that truly accents both shelves and the detached soap dish. Allows items to be easily stored off the floor.



Starting at \$9.99 (HD) (BB) [AZ]

## **ROLLER HOOKS**

Some curtains simply look best with solid metal hooks. Rollers open and close with ease. Available in Nickel or Brass.



Starting at \$6.99 [AZ] (HD) (BB) (HD)

## **BATH RUG**

Non-slip backing. Highly absorbent.



Starting at \$10.00 (BB) (TG) (HD) [AZ]

## PADDED RAISED TOILET SEAT

Padded seat provides extra comfort. Open seat promotes patient independence. Adjustable angle and seat height.



Starting at \$29.99 (AZ) (HD)

# **LOCKING ELEVATED TOILET SEAT**

Wide opening in front and back for personal hygiene. Designed for individuals who have difficulty sitting down or standing up from the toilet. Lightweight and portable. Standard locking mechanism ensures safety.



Starting at \$29.99 (AZ) (TG)(HD)

## **TOILET SEAT WITH ARMS**

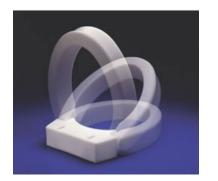
Full length padded removable arms. Heavy-duty molded plastic construction provides additional strength and durability. Improved locking device is engineered with larger, heavy-duty "worm screw" and locking plate to ensure a safe, secure fit.



Starting at \$59.99 (AZ) (TG)

## HINGED ELEVATED TOILET SEAT

Allows for easy sitting and rising. Features a seat riser made of two parts that are hinged together, allowing the ring to be lifted in the same manner as a regular toilet seat. The seat is installed using the existing toilet seat and lid.



Starting at \$58.62 (AZ)

## **TOILET TISSUE HOLDER**

Simple design that provides an exceptional combination of form and function.



Starting at \$19.95 [AZ]

# **EASY-REACH SOAPY SCRUBBER**

Get to those hard to reach places, without bending or twisting.

Starting at \$13.99 (AZ)



## **ROLL A LOTION**

Applies lotion smoothly and evenly with a gentle yet powerful massaging action. The extra long handle is perfect for hard to reach places. Just fill the reservoir with your favorite product.



Starting at \$11.99 (BB) (AZ)

## PRECISION EYE-DROP GUIDE

Ensures the drops go in your eye and not down your face. Guide clips into place over most eye drop bottles and positions the bottle at the correct angle over the eye.



\$7.32 [AZ]

## **TOUCH N BRUSH**

Touch N Brush is the world's first hands-free, mess-free toothpaste dispenser. Touch and Brush dispenses the perfect amount of toothpaste every time.



Starting at \$8.99 (AZ)

## **BED CANE**

Small but sturdy bed rail designed for senior home care and accessibility. Strong and reliable, the steel "cane" with cushion grip handle is mounted on a board that secures between your mattress and box spring.



Starting at \$69.99 (AZ) (HD)

## **6" BED ELEVATORS**

Adjustable Bed Riser System Instantly Creates
Additional Under Bed Storage. Bed Leg or Caster fits
safely and securely into the recess cup built into the
bed riser.



Starting at \$14.99 (AZ) (HD)

## **DIGITAL ALARM CLOCK**

Extra large LED display.



Starting at \$19.99 (TG] (AZ)

## **NIGHTLIGHT WITH MOTION SENSOR**

This unique night light adds needed light to any living space, providing safety, security and peace of mind. Automatically shuts off after 90 seconds. Detects motion and turns light on when someone enters room.



Starting at \$14.99 (HD) [AZ]

## LONG HANDLED SHOEHORN

Slip-resistant, ergonomic, contoured handle. Flexible contoured head for easy use.



Starting at \$6.96 [AZ]

# **REACHING AID**

This sturdy chrome pole with a wood grip is great for getting those hard-to-reach hanging items.



Starting at \$9.98 (HD) [AZ]

#### **CANES**

Various shapes, sizes and colors.



Starting at \$15.61 (AZ) [HD]

## **FOLDING CANE**

Cane folds into 4 convenient parts for easy storage. Comes with plastic holster carry case. Most are height adjustable. Prices vary.



Starting at \$5.99 (AZ) (HD)

## **PATHLIGHTER**

A 'one of a kind' cane that enables you to have better vision of pathways. Great for walking on dark paths or down dark stairs. The hollow plexiglass shaft makes this a light weight cane.



Starting at \$39.99 [AZ]

# **CANE SLING-SEAT**

Provides a comfortable seat to rest on when open, and a sturdy quad cane when closed. Manufactured with sturdy, extruded aluminum tubing. Four sturdy legs with vinyl contoured tips.



Starting at \$35.21 (AZ) (HD)

## **CANE SEAT**

Provides a comfortable seat to rest on when open, and a sturdy support cane when closed. Manufactured with sturdy, extruded aluminum tubing. Tri-pod design with vinyl contoured tipped legs.



Starting at \$23.92 (AZ) (HD)

## **ARISING CANE**

Combination walking cane and rising aid makes getting about, sitting and standing up safer and more convenient. It has a second, lower handle that provides stability as you rise from a seated position.



Starting at \$19.99 [AZ]

## **UPLIFT SEAT ASSIST**

The premium option for use at home or away. Washable, waterproof cover with comfortable memory foam cushion that can be wiped down with mild soap and water.



Starting at \$88.93 (AZ) (HD)

## **PORTABLE EASY UP**

Allows post hip surgery patients to arise without fear of hip dislocation resulting in further surgery. Lightweight chair lift adds 3" or 4" of height to any chair. Because it positions hips and knees at 90°, rising from a seated position is considerably easier.



Starting at 34.00 (AZ)

## METRO TRAVEL WALKER

Quickly and easily folds up for storage in small spaces. Allows for trouble-free maneuvering over all surfaces. Innovative mechanism allows for easy touch variation. For indoor use only.



Starting at \$134.00 (AZ) [HD]

#### **WALKERS**

Various brands and styles.



Starting at \$40.00 (HD) (AZ) (TG]

## THREE WHEEL WALKERS

Various brands and styles.



Starting at \$99.00 (AZ) [HD]

# **WALKABOUT ROLLATOR**

Four-wheel rollator with 6" wheels is lightweight and easy to maneuver. A padded seat and backrest provide a place to sit when walking. Ergonomic grips with hand brakes that pull up to stop, push down to lock.



Starting at \$56.99 (HD) [AZ]

## **WHEELCHAIRS**

Various brands and styles.



Starting at \$119.00 (AZ) [HD]

## **MOTORIZED SCOOTER**

Various brands and styles.



Starting at \$699.00 [Amazon]

## **CANE TIPS**

Replacement cane tips for all different sized canes.

Prices vary.



Starting at \$4.69 (AZ) (TG)

# **WALKER GLIDES**

For use with all 1" folding walkers. Easily added to walker. Durable composite construction ensures long life. Ideal on most surfaces.



Starting at \$7.62 (HD) (TG) [AZ]

#### **WALKER BASKET**

Walker Basket for use with Most Manufacturer's Walkers.



Starting at \$20.00 (AZ) (HD)

#### **FOLDING WALKER CADDY**

Simple to fit onto any wheeled, non-folding, walking frame. One shallow and one deep internal compartment to separate items such as reading glasses, medications, books, mobile phone, keys.



Starting at \$18.32 [HD] (AZ)

## **MINI SHOPPING CART**

Ideal for grocery shopping and carrying laundry. Easily folds, opens, and stores. Rubber grip handle. Heavy, rounded, tubular vertical frame front and back.



Starting at \$29.99 [AZ] (HD) (TG)

## MINI RUG GRIPPER ROLL

Lok-Lift Rug Gripper keeps rugs and mats in place. Measures 2.5" x 25' to secure a rug up to 1-3' x 5'. For indoor use only.



Starting at \$6.99 [AZ] (HD) (TG)

#### **ECO-GRIP NO SLIP RUG PAD**

3' x 5' Area Rug Pad. Hand-Washable Pad. It keeps area rugs in place and adds cushioning underfoot. It can be used under any type of rug or mat to protect your floors and is easily cut to fit any rug.



Starting at \$14.95 [AZ] (HD) (TD)

## **FULL-PAGE MAGNIFIER LAMP**

Thirty bright LEDs and a super-large lens with 2.5X magnification let you read a full page of a magazine or book without glare, distortion or hotspots. Flexible gooseneck brings the light and magnifier right where you want it.



Starting at \$69.00 [AZ] (TG) (HD)

# MAGNIFIER, LIGHTED, MAGNITOP

Illuminated table-top Magnifier with a bi-focal spot lens. This Magnifier is perfect for phone directories, newspapers, contracts or reading any fine print.



Starting at \$17.00 [AZ] (HD)

## **PHOTO PHONE**

Staying in touch with friends and family has never been easier. Simply insert photos of the nine people you call most frequently and press their picture to automatically dial their number.



Starting at \$44.00 [AZ]

## **PILL ORGANIZER**

Variety of options.



Starting at \$5.99 (AZ) (TG) (HD)

## **SOFA CADDY**

No need to get up. Store remotes, glasses and magazines inside six pockets to make couch-time truly relaxing. Generous 12" x 6" flat surface for snacks. Wire frame fits snugly and won't slip.



Starting at \$8.69 (HD) [AZ]

# **DAYLIGHT CLASSIC**

The Day-Light Classic is designed to provide optimal bright light therapy treatment and for the user.



Starting at \$45.00 (BB) [AZ] (BB)

## LARGE PRINT KEYBOARD LABELS

Our peel-and-stick vinyl labels are four times larger than the print on standard computer keys. High contrast characters are easier to identify for faster typing. Contains all alphanumeric characters and special keys (F1, ESC, etc.).



Starting at \$3.89 [AZ]

#### **PLUG-IN DIMMER**

Convenient dimmers for table and floor lamps. Lets you use a standard light bulb instead of a costly 3-way bulbs. Makes it easy to turn lights on and off without reaching under the lamp shade.



Starting at \$12.99 (HD) (TG) [AZ]

# **POWER STRIP**

Position on wall for easy access.



Starting at \$4.99 [AZ) (HD) (BB) (TG)

# **LIGHT STRIP**

20" long. Energy saving LED, super bright.



Starting at \$27.99 (AZ) [HD]

## **FLASHLIGHT**

Lightweight with heavy duty switch.



Starting at \$5.99 [AZ] (TG) (BB) (HD)

## **SMOKE DETECTOR**

Ultimate smoke and fire alarm hardwired with 9V battery back up. Has a silence button to quiet unwanted alarms. Comes with a universal mounting bracket and battery.



Starting at \$11.49 [AZ] (HD) (TG)

# WINDOW/DOOR ENTRY ALARM

Very loud battery operated self stick.



Starting at \$16.99 [AZ] (HD)

# I.D. KEY TAGS WITH BALL CHAIN

Color coded with labels.



Starting at \$3.16 (HD) (AZ)

## **POCKET CHAIN FOR KEYS**

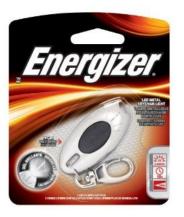
Belt Key Holder, Pocket Chain, Silver, Ring Dia. 1 1/8 In., Overall Length 18 1/4 In, Nickel finish steel, Includes Split Key Ring.



Starting at \$4.99 [AZ]

## **KEYCHAIN LIGHT**

Compact and easy to use, the Metal keychain provides the light of a larger flashlight in a small format. It features a sturdy attachment clip and a all metal body.



Starting at \$5.98 (AZ) (HD)

# **VELCRO, SELF STICK**

General purpose fasteners for everyday use. Easy to use. For smooth surfaces. Adhesive reaches maximum strength after 24 hours.



\$4.99 (HD) [AZ)

## **CASTER**

Double race ball bearing construction with black soft tread wheel for both carpets and hard surface floors. Use on small sofas, upholstered chairs, TV stands, microwave carts, servers, etc.



\$12.99 (TG) [AZ] (HD)

## **TEFLON SLIDING DISC**

Moves everything as if it had wheels. Move up to 1600 lb. Won't scratch your floors. Works on any kind of surface: Wood floors, vinyl, ceramic tile, and carpeting. Ideal to move stools, chairs, folding chairs, and tables.



Starting at \$5.99 (AZ) (HD) [TG]

## **DUCT TAPE**

Duct tape—it's America's favorite fix-all. From industrial strength to general purpose, and classic gray to groovy tie-dye, duct tape comes in all shapes, strengths and colors.



Starting at \$1.99 (TG) (HD) (BB) [AZ]